

Donald Johnson, M.D.

I am a 65-year-old orthopedic surgeon in academic practice at the University of Ottawa in Ottawa Canada.

I grew up the son of a minister in a small nearby town, Kingston Ontario. My father was a Chaplain at the Royal Military College. With this background, I knew that I did not want to be a minister, and enrolled in medicine at Queens University. During my three years of military service I had hoped to learn how to fly planes, or at least parachute out of them. Instead of high adventure in the clouds, I settled for training as a trauma surgeon. Just as I was finishing my training I was invited and did serve as the team physician for the university hockey. This seed of opportunity kindled the fire of enthusiasm for my professional passion in the field of orthopedic sports medicine. I soon was the team physician for both the University hockey and football teams, followed soon by the Canadian Olympic teams and finally the professional football and hockey in Ottawa. In this 'jock doc' phase of my life, I was consumed with athletics both professionally and personally. I climbed on Mount Everest, completed the Hawaii Ironman competition, swam across the bay from Alcatraz, competed in a 100 mile x-country ski meet and ran a 100mile race across the Sierra Nevada mountains while working full-time performing 1000 surgeries a year. It was a busy time of life!

I have been married for 40 years to Carole. For some reason, she has continued to support my various interests, and has managed to run our homes in Canada and Florida. She also is the administrator of our Sports Medicine Clinic, and still finds time to travel with me around the world for my teaching assignments. Our oldest son, (Michael) is interested in filmmaking and computers. Christopher the middle son sells arthroscopy equipment in Canada, is married to Maria, and they have a wonderful son Ryely. The youngest (Paul), the "great white hope", an MD, has finished doing a residency in family and sports medicine in Edmonton. They have moved to Ottawa so he can work at the sports medicine clinic. Paul is married to Susan, and they have presented us with 2 grand-daughters, Sarah, and Julia. Needless to say, together we all share a strong interest in sports.

I feel I had a turning point in life when I tumbled off my bicycle during a ride in Florida, severely fracturing my hip. During 12 weeks of recovery I learned to smell the roses. It was then that I developed an interest in computers, digital photography, (to photograph the roses) wine, travel and later, golf. I now work as much as our Canadian

government will permit which affords ample time to apply my excess energy to mastering the art and science of computer education.

I am presently a clinical assistant professor of Orthopaedic surgery at the University of Ottawa, training fellows in sports medicine and arthroscopy. I have served as president of the Arthroscopy Association of North America. I have been chairman of the education committee, and secretary of ISAKOS. In addition, I have helped to develop the AANA and the Carleton Sports Medicine Clinic web sites. My publications include numerous articles and several CD-ROM's relating to knee surgery both in periodicals and textbooks. I am quite proud of my latest sports medicine textbook, *Practical Sports Medicine and Arthroscopy*, published by Lippincott Williams and Wilkins. I have, and continue to present papers nationally, and internationally on more than 200 occasions. I am the author and editor of a monthly newsletter ***Practical Arthroscopy*** that is distributed to arthroscopic surgeons around the world. I provide content for five separate orthopedic web sites on the Internet, and I am a reviewer for the *Journal of Arthroscopy*, a reviewer for *Journal of Bone and Joint Surgery*, and *Clinical Orthopedics and Related research*. Life is grand and gets better every day. My mission at this stage in life is to show the way for others by "reaching out and teaching someone."

D.J.